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2009 Super Bowl Won with Help of Medical Miracle

Prior to the 2009 Super Bowl, Hines Ward, the Pittsburgh Steelers' primary receiver was given a treatment of platelet rich plasma for a severe injury. Undoubtedly, this helped the Steelers' win their record sixth Super Bowl.

The reason platelet-rich plasma is so useful is that platelets, which are a type of cell found in whole blood, contain multiple growth factors that stimulate tissue growth and healing.

States Dr. Nathan Wei, "Platelet rich plasma needs to be prepared in a way to ensure a maximal amount of platelets along with a high concentration of growth factors. The more growth factors that can be delivered to the site of injury, the more likely tissue healing occurs."

The average number of treatments required is two to three separated by four to eight week intervals.

According to Dr. Wei, "The use of platelet rich plasma and stem cells is revolutionizing our approach to tissue healing, particularly in arthritis where we are now able to regenerate cartilage and heal injured tendons."

Dr. Wei adds "What's really exciting is that the technique is safe and generally well-tolerated."

"In the case of Hines Ward, the platelet-rich plasma treatment he received sent the healing process into warp speed which allowed him to play the game... with obviously good results."

Dr. Nathan Wei is a nationally known board-certified rheumatologist and leading expert in the use of stem cells and platelet-rich plasma for soft tissue disorders and arthritis. For a copy of a free report on Platelet-rich plasma and Stem Cell Therapy, call the Arthritis and Osteoporosis Center of Maryland at (301) 694-5800.

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